

*now enrolling for summer 2025*

# READY, SET, MIDDLE SCHOOL!



**launch your rising sixth-grader with a  
three-day readiness workshop in Central Park**

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## WHY WE DO...

Empower your soon-to-be sixth-grader to take charge of their own learning and to face with **confidence** the changes and challenges that await them.

Ready Set Middle School helps your student build independent skills in **four essential domains** for middle school success.

At the heart of Ready Set Middle School is **empowerment**-- helping kids begin to find their way into the driver's seat of their own education.

## WHAT WE DO.

### TIME MANAGEMENT & ORGANIZATION

- managing a calendar
- prioritizing tasks
- pacing long-term projects

### MOVING TOWARD INDEPENDENCE

- study & homework habits
- self-advocacy
- working with teachers
- teamwork & leadership

### DEVELOPING A GROWTH MINDSET

- taking risks
- embracing challenge
- avoiding perfectionism
- grit & resilience

### SELF-CARE AND SELF-AWARENESS

- finding balance
- screen time & sleep
- finding your people
- avoiding the summer slide

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**[www.readysetmiddleschool.com](http://www.readysetmiddleschool.com)**

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