

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-6:30							
6:31-7:00							
7:01-7:30							
7:31-8:00							
8:01-8:30							
8:31-9:00							
9:01-9:30							
9:31-10:00							
10:01-10:30							
10:31-11:00							
11:01-11:30							
11:31-12:00							
12:01-12:30							
12:31-1:00							
1:00-1:30							
1:31-2:00							
2:01-2:30							
2:31-3:00							
3:01-3:30							
3:31-4:00							
4:01-4:30							
4:31-5:00							
5:01-5:30							
5:31-6:00							
6:01-6:30							
6:31-7:00							
7:01-7:30							
7:31-8:00							
8:01-8:30							
8:31-9:00							
9:01-9:30							